Surprise Package For Visitor

For C. E. Hunter, Jr. manager Industrial Development, Norfolk and Western (left) on Friday Jan. 9 there was a surprise package of photos, pages from an Old Bible and other family relics dating back to the time of his great-grandfather, James Chapman Jones, who in 1892 deeded the three acres of land on which the Court House complex now stands. Looking on at the Clerk's office is Charles A. Gearhart, Industrial Agent, N & W, who together with Hunter and others addressed a gathering of county officials and business men meeting to talk over possibilities of industrial development in the county. Hr. Hunter recalled spending summers in Appomattox with his great aunts, Anna and Nina Jones. He said he learned to drive an automobile here, but that he recalls how delighted he used to be to drive horses and wagon from "Oakland" now the Henry Barger home, to the ice plant in town and to the mill to have corn ground. County Cler, Mrs. Aldah B. Gordan; her assistant, Mrs. J. B. Terry, and Mrs. Barger and the supervisors all helped to round up the many items given to Mr. Hunter about his family. Some information came from Featherston's History of Appomattox, (Mrs. Terry's late father).

Peaceful Grove

Peaceful Grove Church had a wonderful Sunday School Sunday.

Mrs. Adeline Fulton has been in with pneumonia since Dec. 27, but she is getting better.

Mrs. Ella Phelps fell Dec. 11 and broke both her wrists, and she is improving. We are hoping the doctor will take the casts off Monday. We wish to thank everybody for their kindness and also their visits. We ask you to pray for us.

Little James Watkins Jr. is in the hospital and we are asking everyone to pray for him and that he will soon be home with his family.

Our pastor, Rev. Paige, lost his sister. The funeral will be held Monday in Roanoke. Our sympathy goest out to him and his family.

Cadets March In Inaugural

Two Appomattox cadets, Ken Coleman and Tommy Lawson, were a part of the Virginia Military Institute marching unit featured in Saturday's inaugural parade in Richmond for the new governor of the Commonwealth, A. Linwood Holton.

Miss Richardson Is Teacher

Radford - A total of 205 Radford College students are student teaching this quarter.

Local girls who are student teaching are: Betty Jo Richardson, daughter of Mr. and Mrs. W. H. Richardson, student teaching at Booker T. Washington Junior High in Roanoke.

Gladstone YMCA Drive Begins

More than 80 youngsters in the Gladstone, area benefitted from recreational and youth guidance programs sponsored by the C & O/B & O Railroad YMCA last year, A. B. Cary chairman of the 1970 membership campaign for the local Y said. Mr. Cary is superintendent of C&O/B&O's Richmond division.

"These Y-sponsored programs made a big contribution to the youth of our community, helping to keep many boys and girls off the streets and providing all with purposeful activity under trained adult leadership," Mr. Cary said.

This year's membership campaign will be staged Jan. 19-30, in the 13 towns and cities along C&O/B&O lines where the Y's are located.

Gregory S. DeVine, president C&O/B&O, is lending his active support to the campaign.

While the principal function of the railroad Y remains that of "providing a home away from home" for train service crewmen, it also offers many community services benefitting not only youth but adults as well.

The Y is supported by C&O /B&O and by membership subscriptions from railroad men and other business and civic leaders.

Gregory S. Devine, president of the Chesapeake and Ohio/ Baltimore and Ohio railroads is actively supporting the annual membership campaign for the railroad YMCA's. The 1970 membership campaign will be staged January 19 - 30.

Men's Bowling League

Country Club	36	15
Sunoco	36	15
Best Furniture	32	19
W & W	29	22
Moses Motor Co.	26	25
Garment Co.	19	29
Post Office	16	35
Guills Cafe	10	41

High Game, Ray Tweedy, 143
High Set, James Doss, 381.

Ladies Bowling League

Flintstones	36	12
Rolling Stones	32	15
Alley Cats	14	31
Garment Co.	11	37
High Game, Mary Martin, 112		
High Set, Mary Martin, 297		

See Volleyball Monday Night

Students Teach Teachers – "If we're going to win that PTA volleyball tournament Monday night, you must pay closer attention, Mrs. Chambers!" Eighth graders, Doug Hall and Susan Moore give specific instructions to their homeroom teacher on the fine points of playing volleyball. There's lots of practicing and "getting in shape" for the big tournament scheduled to begin after the 7:00 business session of the AHS PTA.

Two Slides Of Poverty

If paying people not doing productive work is anti-poverty, it's more than offset by the pro-poverty effects of taxing away the earnings of those doing productive work.

If handing out money is anti-poverty, taxing in the money is pro-poverty.

If putting people to work is anti-poverty, then union restrictions, minimum wage laws, discriminations, and the like which keep people from getting a job are pro-poverty.

If training people to take jobs is anti-poverty, taxes which discourage investors from proving these jobs are pro-poverty.

No matter how fast we increase our anti-poverty measures, poverty continues to grow because of the increasing and spreading pro-poverty ones.

Protecting the right of every American to be free to work without disruption or restriction (Open Employment), letting those who work enjoy the fruits of their own labors (Taxation with Limitation), and permitting investors to profit from their financing of productive enterprise and employment (Free Private Enterprise) – these are the things which do the most to eliminate pro-poverty conditions and reduce poverty.

A Dozen Ways To A Slimmer You

Sent in by Louise Henderson, Evergreen, Virginia.

You say you've got an inner tube around your middle and you aren't even going swimming? The waitress at the corner lunch room asks you if you'd like to try their Weight Watcher's Special? Your doctor suggests that you drop a few pounds. Twenty or thirty to be specific.

You say you'd like to get on a regular exercise program, but you simply can't afford the time or energy involved? Let's face it. Exercising takes time. A good hour a day. And it uses up valuable energy. Energy you could be using for more rewarding pursuits. Like eating, for instance.

Being in the same fat fix, I feel well qualified to suggest a few ways to work in needed exercise without sacrificing the time and energy most exercise programs demand.

I work on the principal that fatness is mostly a state of mind; that the whole problem can be overcome by a few mental exercises. A few? Well, no. A dozen. Do these twelve exercises at least three times a day and within a month, I guarantee you will no longer be overweight. You will weigh the same, but your standards will have changed.

I call my plan the "Don't Raise the Bridge, Lower the River Formula for Fatness." Sound simple? It is. Now let's get started.

First: Let's build a case for being overweight. What if we had a famine? Who would be the first people to die of starvation? The fat people. Skinny people. When you think of fatness, think of famine. Remember, you could live for a month off your fat. Isn't that a happy thought? Look at your fat as your personal survival kit.

Second: Remember fat people weigh more. There is more of you to love and so it follows that you are more loveable. Right? A man or woman who weights three hundred pounds is twice as loveable as a slim person weighing only a hundred and fifty. Don't you want to be more loveable?

Third: Being fat can be a means of self-protection. If somebody tries to rob you, you can sit on them. Carrying that extra weight around is like carrying a secret weapon.

Fourth: Having a large appetite is economical when you eat at a smorgasbord restaurant. You can eat $5 worth of food for $3. That's a $2 savings each and every time you eat out.

Fifth: Fat people get more material in their clothes. Another savings that slim people are missing out on.

Sixth: Fat people get more breaths per day. Did you ever notice how a really fat guy breathes? Fast. Like he has just run a hard race. Air is free and a fat guy who is panting breathes twice as much air as a slim Jim. Another big plus for fatness.

Seventh: Fat people move slower. They get a better look at the world around them. Those nimble, wiry people are moving so fast they miss most of what is going on.

Eighth: People remember fat people. Imagine a guy calling up and saying, "This is Average Arnold" or "Normal Nell." Nobody would remember them. They are the forgotten people. But call and say, "This is Fat Fred" or "Gigantic Georgia." Right away they remember you.

Ninth: Really fat people can say things like "You're not so fat Charlie", and it makes others feel good. You have within your fatness the capacity to make slimmer fellows happy.

Tenth: Fat people are more buoyant. Did you ever see a hippopotamus drown?

Eleventh: People love to have fat people on their tug-of-war team at the company picnic.

Twelfth: Finally, and most important, fat people are jolly people. Everybody knows that fat people are jolly and so if you are fat you might as start being jolly. It is expe It is just one of those th like a Catholic is no lo expected to eat fish on Fri A Jew is no longer expe to have Arabian rugs in house. A fat guy is jolly being jolly is fun.

Read these twelve menta ercises three times a Maybe in the morning you are hounding down you cond breakfast. Then a with your second pie a la again in the afternoon when stop at the bakery for a co of those double-filled choc eclairs.

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Confederate colors set the theme for "Thursday evening's UDC dinner at Maude's. At the speakers table (from left): Mrs. Calvin Robinson, a past president and state officer in the UDC; Howard N.Gilbert, Mrs. Nell Walton, 2nd vice-president, who presided; Mrs. Howard Gilbert, speaker of the evening, Mrs. W. E. Ferrell, who introduced the speaker and Mrs. Clifford Plunkett who is holding one of three needlepoint pictures of Confederate soldiers executed by Mrs. Rachel F. Lawson.

UDC Chapter Holds Annual Dinner

For the annual dinner meeting Thursday at Maude's in Manor of Confederate heroes Mrs. Maury and Jackson, the Appomattox Chapter, United Daughters of the Confederacy, paid a tribute to Sidney Lanier, "Poet Laureate of the South" in an address given by Mrs. Howard N. Gilbert.

Mrs. Gilbert said that Sidney Lanier was a "youthful Shakespeare" in that when he attended Oglethorpe University he was dissatisfied with the course of study. Instead of studying, however, Lanier studied hard, both then and all through his life, said Mrs. Gilbert.

Lanier was in the Confederate Army. He was in the Battle of Seven Pines, Drury's Bluff, Maide and served, Mrs. Gilbert said, with "chivalrous courtesy." He was captured near Fort Fisher trying to run the blockade. While in prison, he learned German and set poetry to music. Also in prison he contracted tuberculosis from which he never recovered.

During a very productive life he was a first flutist with the Baltimore Symphony orchestra even though he was a non-professional. He later became lecturer in English literature at John Hopkins University and turned out volumes of poetry.

Mrs. Gilbert read from two of Lanier's poems: "Ballad of Trees and the Master" and "Psalms of Glen."

Mrs. Gilbert said that Ralph Waldo Emerson might well have been thinking of Lanier when he wrote, "Never lost the opportunity to see anything beautiful, for beauty is God's handiwork."

Presiding at the dinner was Mrs. Nell Walton in the absence of Mrs. A. J. Zastrow, the president.

Among those attending were Mrs. Marvin House, Sr.; Mrs. Sam Evans and her grandaughter, Dana Almond; Mr. and Mrs. Hubert Caldwell, Mr. and Mrs. Dave Cyrus, Mr. and Mrs. C. D. Lewis, Mr. and Mrs. James Childers, Mr. and Mrs. Otho Martin, Jr.; Mr. and Mrs. Howard Gilbert, Mrs. Charles Hill, Mrs. Calvin Robinson, Mrs H. Y. Spencer, Mrs. Hunter Dickerson, Mrs. M. G. Stimpson, Mr. and Mrs. Clifford Plunkett, Mrs. W. E. Ferrell, Mrs. Rachel F. Lawson, Mr. and Mrs. Schyler Marshall, Mrs Lena Eversole, Mrs. Hunter Jamerson and Miss Josephine Walton.

The speaker's table was decorated with flags of the Confederacy flanked by red candles, plus a statuette of Robert E. Lee. Mrs. Rachel F. Lawson, who was in charge of arrangements together with Mrs. Clifford Plunkett, also had on display three needlepoint pictures of Confederate soldiers.

Guests were given a choice of several favors given by businessmen in Appomattox.

Shower Honors Miss Pitsenberger

Miss Carlene Pitsenberger was the honoree" at a bridal shower given Saturday afternoon by Mrs. Myralynn Tutwiler and Mrs. Merle Lawson at the Lawson home on Virginia Avenue.

Bride dolls set against magnolia and other greens together with white candlestra set a bridal motif in arrangements throughout the home.

The honoree received many lovely gifts.

After a series of games guests were invited to the family room where bridal punch and assorted cookies were served. Miss Beth Lawson assisted with the serving and with other party arrangements.

The wedding of Miss Pitsenberger to Mr. Joe Brodell will be an event of Saturday evening, January 31 at half after seven in Memorial United Methodist Church.

The guest list included Mrs. Arlene Stratton, Mrs. A. E. Hopkinson, Mrs. R. E. Jamerson, Mrs. George Morris, Mrs. Martin Webb, Miss Judy Goodrich, Mrs. A. A. Fratrick, Miss Darlene Slough, Mrs. J. A. Mathews, Mrs. Robert Torrence, Mrs. Steven Brille, Miss Beth Massey, Mrs. Pat Paulette, Mrs. Becky Carson Torrence, Mrs. Faye Conner Martin, Mrs. Pat Lair, Miss Jean Holt, Mrs. Frank Chuchek, Misses Jeanne and Joanne Chuchek, Miss Teresa Ragland, Miss Lina Trent, Mrs. Florence Trent, Mrs. Ray Noble, Miss Susan Noble, Miss Martha Moon, Mrs. Roy Moon, Mrs. Lewis McDearmon, Jr., Mrs. Richard Wingfield, Mrs. Fred Smith, Mrs. H.D. Folks, Miss Janet Moses, Mrs. M. A. Herncall,

Social Notes

Mrs. Vinia Kress will undergo minor surgery today, Thursday, in Lynchburg.

* * *

Dinner guests in the home of Mr. and Mrs. Roland Smith Sunday were Mr. and Mrs. Charles Wayne Smith, Mrs. Norine Smith and son, Mike; Mr. Charles Smith, Jr. all of Richmond. Also, Mr. and Mrs. Joel W. Smith and son, Joel, Jr.; Mr. and Mrs. Curtis B. Moore and son, Barry of Lynchburg; Mrs. Rob Lucado, Mr and Mrs. Terry Rogers and Vicky of Appomattox.

* * *

Mr. and Mrs. Lloyd Vaughan and son, Bill, spent the weekend in Victoria visiting relatives.

* * *

Bill Williamson is a patient in the Virginia Baptist Hospital.

* * *

Mrs. E. T. Layne, Sr. is a patient in the Virginia Baptist Hospital.

* * *

H. G. Johnson, who has been a patient in the Virginia Baptist Hospital for the past several weeks, returned home Wednesday.

* * *

SPC/5 C. B. Rickmond and Mrs. Rickmond, Gallitzin, Pennsylvania, spent the weekend here with their parents, Mr. and Mrs. Cecil Rickmond and Mr. and Mrs. Fred Martin.

* * *

Anne Leigh Kerr, of Richmond, is spending this week with her grandparents, Rep. and Mrs. Watkins M. Abbitt. Her parents, Mr. and Mrs. S. W. Kerr accompanied by Watkins Abbitt are vacitioning in Pennsylvania.

* * *

Cadet Ken Coleman, a student at V.M.I., Lexington, spent Saturday night here with his parents, Mr. and Mrs. K. E. Coleman.

* * *

Mrs. W. T. Torrence was called to Parker, Colorado, due to the illness of her sister.

* * *

Miss Anne Herncall, Miss Julia Ann Guill, Mrs. W. E. Jamerson, Mrs. David Jones, Miss Betsy Jones, Mrs. Helen Scott, Mrs. Bill Sperry, Mrs. M. G. Stimpson, Misses Ann and Cindy DePew.

Claims Mounting

NEW YORK—The average bodily injury liability claim resulting from automobile accidents jumped about 46 per cent in the last decade, the Insurance Information Institute reports.

Mr. Earl Lane is a patient in the McGuire Veterans Hospital, Richmond.

* * *

Mrs. S. A. Lawson, who has been a patient in the Lynchburg General Hospital for several weeks, has returned home.

* * *

Mrs. A. J. Zastrow, who has been a patient in the Virginia Baptist Hospital for several weeks returned to her home in Spout Spring Tuesday.

* * *

Mrs. Dallas C. Gillaspie of Concord is a patient at Virginia Baptist Hospital where she underwent surgery early this week.

* * *

Miss Barbara Reid is a patient in the Lynchburg General Hospital where she underwent a tonsilectomy today. (Thursday)

* * *

Mrs. Coye C. Loveday remains critically ill in Southside Community Hospital, Farmville.

Mr. and Mrs. Johnny Scruggs and Tracey, of Richmond and Mrs. Pauline Ganter and girls were Sunday visitors in the home of Mr. and Mrs. William Scruggs and family.

Garden Club To Meet Mon.

The Appomattox Garden Club will meet Monday, January 26 at 7:30 p.m., at the VPI District Office located on main street.

The program, "A visit to Longwood Gardens," will be presented by showing colored slides. Mrs. James A. Smith, who has visited the gardens, will act as commentator, adding a personal note to the script furnished by the foundation.

Longwood Gardens are located at Kennett Square, Pa., consisting of 200 acres of development, dating back to the Seventeen Hundreds. The DuPonts bought the property in 1906 and have developed the entire area into gardens, open air theatre, conservatory and foundations. Flowers, shrubs and trees are viewed by thousands of people each year, throughout the seasons.

Exhibits for the meeting will be arrangements in the abstract form.

Hospital beds, walkers, chairs and many other items are available to Appomattox residents because of donations to the Cancer Crusade. This year's goal is $2200, as announced by Appomattox Unit president, Dr. C. G. O'Brien, (center) standing with (from left) Mrs. Mary Alma Hudson, treasurer; H. Broderick Pack, III, service chairman; and on the right, Mrs. Elizabeth J. Vaughan, area executive director and Mrs. Betty Funderburke, secretary.

Fair Share Goal Is $2200

Fair Share goal for Appomattox County's Annual Cancer Crusade is $2200, an increase of $100 from last year, according to a report from Mrs. Elizabeth J. Vaughan, of Lynchburg, area executive director for the society, speaking last Tuesday evening to a board meeting of the Appomattox Unit, Va. Division, American Cancer Society.

Mrs. J. Lloyd Hudson and Mrs V. O. Mims have again consented to serve as Crusade co-chairmen, according to Dr. C. G. O'Brien, president.

Mrs. Mary Alma Hudson, treasurer said that $50.00 has been given in Memorial gifts since last year's Crusade and that this is also the first $50 toward the Crusade goal.

Loan Closet

Considerable time was devoted to the activities of the Loan Closet. The board agreed to authorize H. Brod Pack, III, as service unit chairman, to purchase commode chairs and other items, with a $200 limit on purchases. Special efforts are going to be made to recover borrowed items which have been out for six months or longer, said the chairman. Families of patients are urged to return items no longer needed and to telephone at monthly intervals to renew their loans of equipment.

The board expressed concern and wishes for the improved health of Mrs. Louise Fryer, former field worker who is now working with the Society in Richmond, Va.

Next board meeting will be Monday, March 9 with Cancer Sunday designated as Sunday, April 12.

Announce Birth

Mr. and Mrs. H. Broderick Pack, III, announce the birth of a son, Henry Broderick Pack, IV, at 8:22 a.m. Monday, January 19 at Virginia Baptist Hospital.

Mrs. Pack is the former Miss Jane Williams of Pamplin. Maternal grandparents are Mrs. Edna Williams, of Pamplin and the late Harry Williams. Paternal grandparents are Mr. and Mrs. H. B. Pack, Jr. of Appomattox.

Announce Birth

Mr. and Mrs. Adrian Hickman of Richmond announce the birth of a son, Clarence Andrew on December 22 at Medical College of Virginia hospital. Mrs. Hickman is the former Kitty Vaughan Wood.

Birthday Party

Master Darrell Moore celebrated his six (6) birthday on Saturday, Jan. 17 with a Party given by his mother and father, Mr. and Mrs. Eddie Moore at their home.

Those present in addition to Mr. and Mrs. Moore and the honoree, were Tammy and Terrie Nash, Mrs. Fred Robertson, Patsy and Sabrina Richardson, Jane Guill, Toney Williams, Rodney and Pat Johnson, Tammy Jamerson, Sue and Gina George, Al, T. E. and Tina Moore, Brenda and Janis Richardson, Wendy Lee, Lindwood Elliott, Jay Whitehead, David Ferguson, Ron Lee Wooten, Kendall Moore and Ted Rickmond.

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Regular $3.00 Sale $2.00
Regular $4.00-$5.00 Sale $3.00

HANDBAGS
$3.00 - $4.00 VALUES Sale $2.00

Quilted Dusters
VALUES to $8.00 Sale $4.6

MEN'S SWEATERS
BUTTON COAT STYLE VALUES to $10.00 Sale $6.00

Ladies Blouses
LONG SLEEVE $4.00 VALUE Sale $2.47

Bulky Knit Sweaters
LADIES COATS
REGULAR $6.00 Sale $3.8

MEN'S SLACKS
WITH A FLAIR $4.00 - $6.00 VALUE
Sale $2.99 to $3.99

LADIES SLACKS
WITH A FLAIR VALUES TO $7.00 $3.99
OTHERS.....SALE $2.00

Ladies Slipovers
REGULAR $8.00 Sale $4.8

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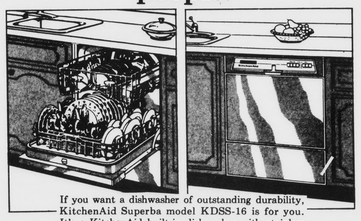

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